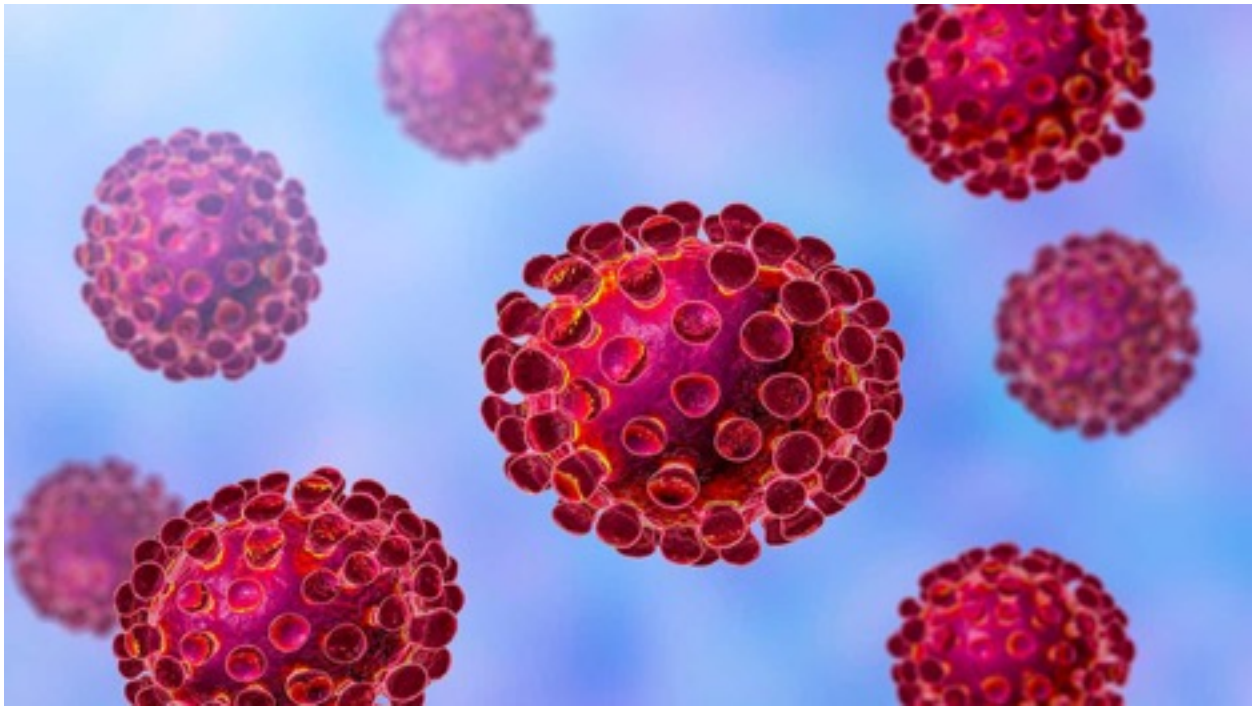


Coronavirus

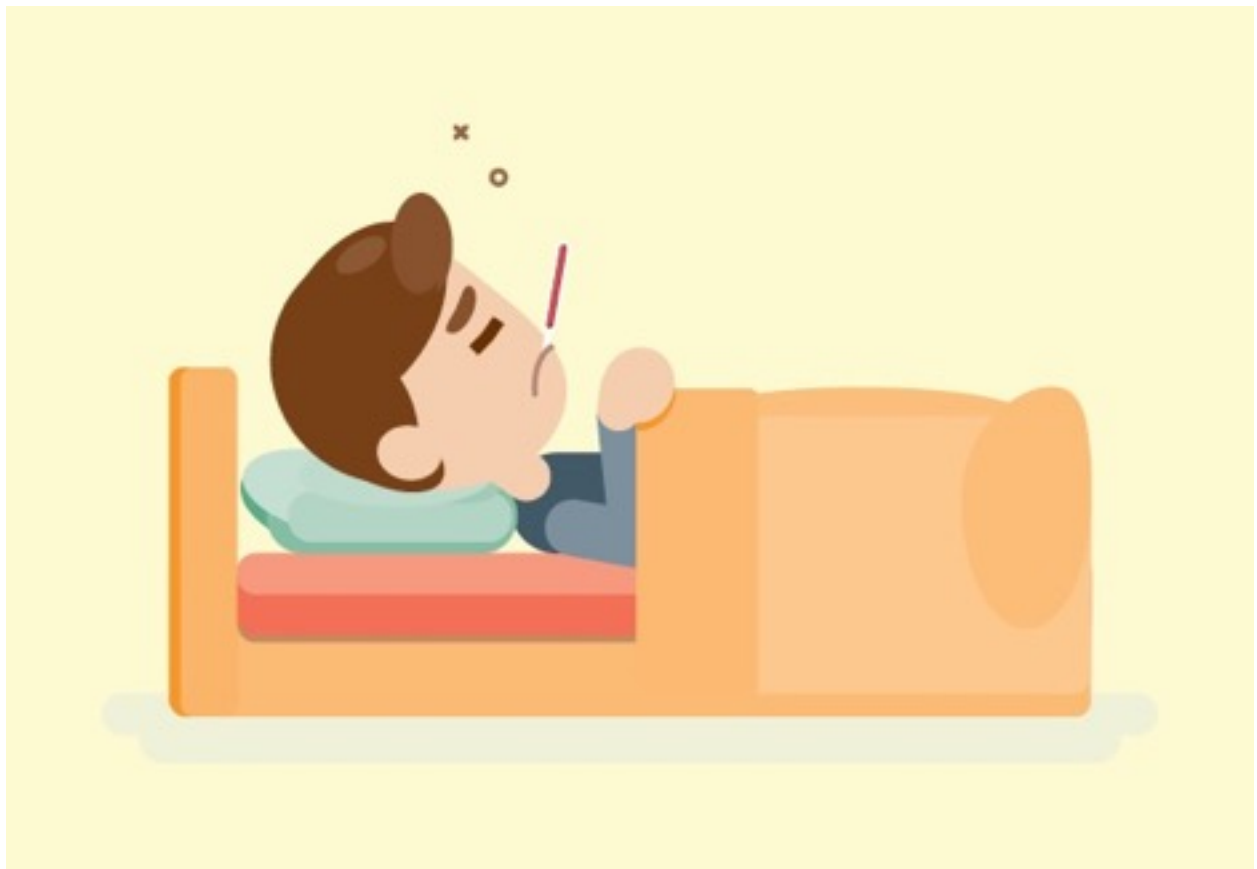


COVID-19

I have been hearing a lot about
Coronavirus and I feel confused.



Coronavirus is also called COVID-19. It is a virus that is making people sick.





People with Coronavirus might have a fever
and they might be coughing.

Nicholas Center and Spectrum Designs are closed right now. They are closed to help keep everyone safe. This might make me feel sad or it might make me feel happy. That is okay!



I can protect myself from Coronavirus by staying at home and by washing my hands often.



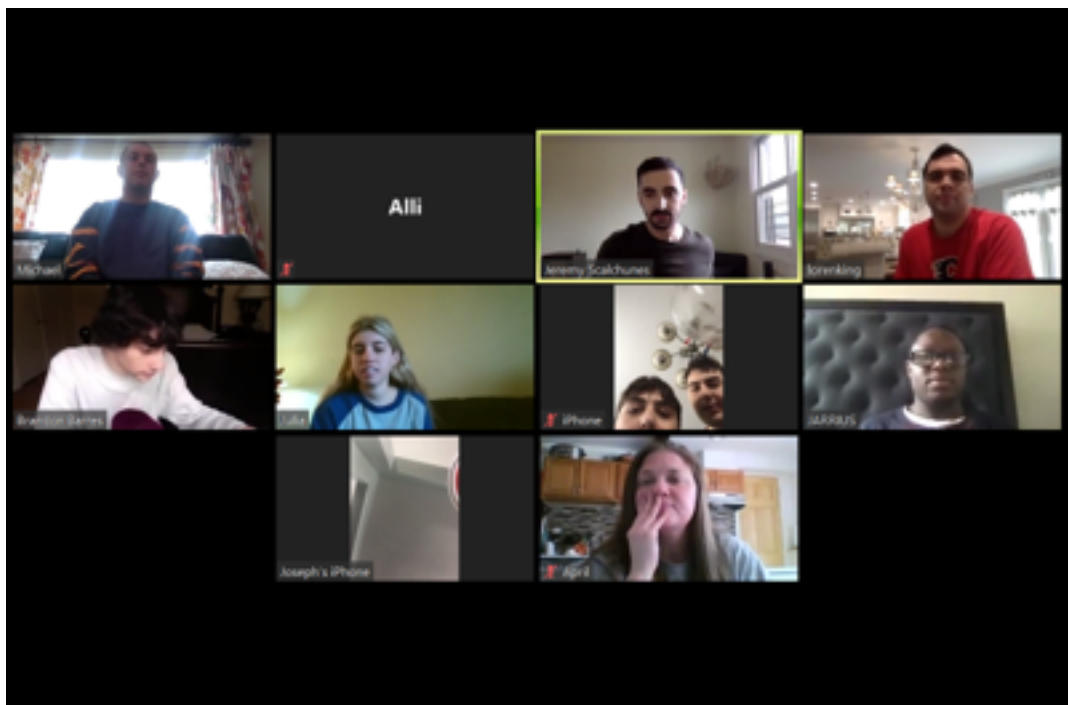


While I am at home I will get to spend extra time with my family. This makes me happy!



I can still keep busy. I can play games with my family or I can ask to go outside for a walk.

I can also stay connected with my friends and the staff from Nicholas Center. I can join the daily meet ups that have been set up. These meet ups are a lot of fun!!



Everyone is working together during this time and I have support from my family and from Nicholas Center. This makes me feel happy!





Soon enough everything will be back to normal. Until then I will be okay!